



# CHOCOLATE PEANUT BUTTER SMOOTHIE

*"Fuel up with this smoothie that tastes like dessert —  
made with chocolate, peanut butter, and natural energy!"*



## Ingredients

- $\frac{3}{4}$  cup almond milk
- 1 tsp cocoa powder
- $\frac{1}{4}$  cup plain yogurt
- 1 tbsp peanut butter
- 1 cup ice
- 1 tbsp sweetener of choice

## Instructions

1. Add all ingredients together in a blender
2. Blend, pour into a cup, and enjoy!

### Notes:

- *Add slices of bananas to increase your fiber and potassium intake! (good for your digestive system and muscle movements!)*