



## Ingredients

- $\frac{3}{4}$  container greek yogurt
- 1 oz. acaid powder
- $\frac{1}{2}$  pint raspberries
- $\frac{1}{4}$  cup coconut water or milk
- 2 tbsp blueberries
- $\frac{1}{2}$  banana

# SMOOTHIE BOWL

*"A refreshing cold, fruity snack packed with protein and fruit"*



## Instructions

1. Combine all ingredients into a blender
2. Puree until smooth
3. Pour into a bowl and top with extra berries, granola, seeds, etc.

### *Notes:*

- *Feel free to get creative with fruits and toppings used*